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NEWS RELEASE

TO: Area Media Outlets
FROM: Tracy Metcalfe
DATE: September 23, 2014
RE: **2014 Flu Vaccination Clinic**
RUN: Immediate Release

The Bay County Health Department will hold the following community flu vaccination clinics for the public. All clinics will be held at the Bay County Health Department.

Date	Time
Friday, October 3, 2014	1pm-3:30pm
Friday, October 10, 2014	8am-3:30pm
Friday, October 17, 2014	8am-3:30pm
Friday, October 24, 2014	8am-3:30pm

The CDC recommends that everyone six months of age and older receive the flu vaccine.

- Flu is a respiratory infection that peaks between October and March. The vaccine provides protection that will last throughout the entire Flu season.
- Some people, such as young children, pregnant women and older adults, especially those with certain health conditions are at high risk for complications from the Flu.
- You may not be considered at high risk for complications from the flu, however if you have contact with young children or older adults you may want to consider receiving the flu vaccine to protect you, so that you do not pass the flu onto them, especially infants 6 months and younger and others who are not eligible to receive the flu vaccine.
- Bay County's flu vaccine for adults will protect you from 4 Flu strains that are circulating this year.

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Those allergic to chicken eggs, have experienced an allergic reaction to flu vaccines in the past, or who have had Guillain-Barre Syndrome (GBS) should talk with their doctor about other ways to prevent getting the flu. If you are ill with a fever (i.e. a temperature of 100°) you should wait until your symptoms pass to get vaccinated.

WHAT TO BRING: All medical health insurance cards including Medicare, Medicaid, & private insurance, and a driver's license or Michigan ID. **If you do not have health insurance, the cost of the vaccine is \$25.00.** Cost may be determined based on income.

Please wear a short sleeve shirt.

Please call Bay County Health Department at 895-4009 ext. 2, or visit the website at www.baycounty-mi.gov/health for updated information.

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